



ATHLETICS AND RECREATION CENTRE



FEMALE SUMMER SCHEDULE

	Jul., 1st - 5 th	Jul., 8 th - 12 th	Jul., 15 th - Aug. 9 th	Aug.12 th - 16 th	EID AL ADHA	Aug.26 th - 30 th
Gymnasium	6:30am - 4:00pm	6:30am - 4:00pm	6:30am - 4:00pm	6:30am - 4:00pm		6:30am - 9:00pm
Swimming Pool	Sun. Tues. Thurs. 6:30 am - 9:30 am 11:30 am - 1:30 pm Mon., Wed. 11:30 pm - 1:30 pm 2:30 pm - 4:00 pm	Sun. Tues. Thurs. 6:30 am - 9:30 am 11:30 am - 1:30pm Mon., Wed. 11:30 pm - 1:30pm 2:30 pm - 4:00 pm	Sun. Tues. Thurs. 6:30 am - 9:30 am 11:30 am - 1:30 pm Mon., Wed. 11:30 pm - 1:30pm 2:30 pm - 4:00 pm	CLOSED		Sun. Tues. Wed. 6:30 am - 9:30 am 11:30 am - 1:30 pm Mon., Thurs. 11:30 pm - 1:30pm 2:30 pm - 5:00 pm
Fitness Room	6:30am - 4:00pm	6:30am - 4:00pm	6:30am - 4:00pm	6:30am - 4:00pm		6:30am - 5:00pm

NOTE: Booking of facilities are available through our Recreation SharePoint site, on a first come, first served basis.