

College of the North Atlantic - Qatar

General Interest Courses

Canadian Red Cross Babysitting

June 13, 2009

Saturday, 8:30 - 4:30 pm

Course Cost: 225 QR

Text Cost: Included in course cost

Instructor: Bobbi Benson

For many young adolescents, babysitting is their first job, and the babysitting course can help them. The Babysitting Course teaches youth (ages 11-16) how to handle emergencies with confidence by providing the basic first aid skills for such common problems as choking, sprains and strains, bleeding, poisoning, burns and emergencies.

In addition to first aid, participants will learn important child care skills, safety tips for children of all ages, how to cope with common problems, like tantrums and crying, what to do if anything makes the babysitter uncomfortable, some great games and other ideas for having fun with the kids while babysitting.

Participants also learn how to make the children's environment safe and enjoyable and what are the respective rights and responsibilities of the babysitter and the family hiring one.

Canadian Red Cross Emergency Child Care

June 7 – 14, 2009

Sundays & Tuesdays, 5:30 - 8:30 pm

Course Cost: 275 QR

Text Cost: Included in course cost

Instructor: Bobbi Benson

Wanting the "best for our Children" starts with keeping them safe. This course is created for anyone who is caring for a child.

You will learn all the necessary steps for creating a safe environment for children and first aid for child related injuries and conditions. First Aid & CPR techniques are taught in an interactive environment, for individuals who care for infants or children in the workplace or at home.

The course covers skills needed to recognize, prevent and respond to cardiovascular emergencies for children, and babies, and other topics including choking, airway and breathing emergencies, and prevention of disease transmission.

For further information or to apply contact:

Community Education Coordinator

495-2123 or 495-2111

continuing.education@cna-qatar.edu.qa

*Language of instruction is English
All classes are subject to sufficient enrollment
Payment in full will be accepted in cash only
at the time of registration*

Canadian Red Cross Standard Child Care Level 2

June 16 – 23, 2009

Sundays & Tuesdays, 5:30 - 8:30 pm

Prerequisite: Emergency Child Care

Course Cost: 230 QR

Text Cost: Same text as Canadian Red Cross Emergency Child Care

Instructor: Bobbi Benson

Level 2 of the child safety program teaches caregivers and parents the first aid techniques for everyday emergencies such as broken bones, head or spinal injuries, minor and major wounds, sudden medical emergencies and common childhood illnesses.

It also helps individuals complete a child center first aid kit to make sure you are ready for any emergency that may happen.

Bobbi Benson is a trained paramedic firefighter and is currently an instructor with the Emergency Medical Sciences program at CNAQ. A Master Instructor Trainer, Bobbi has been teaching various levels of first aid courses for the last 12 years and has taught the Babysitting courses to a variety of groups and individuals.

More Courses 



College of the North Atlantic - Qatar

General Interest Courses

Introduction to Self Defense for Women: A Canadian Police Model

May 31 & June 2, 2009

Sunday & Tuesday, 5:30 - 7:00 pm

Course Cost: 150 QR

Text Cost: All required materials provided

Instructor: Lonnie Croal

This highly engaging short course is designed for the learners at all abilities to recognize and respond to potentially challenging situations. This course will introduce the learner to the legal and practical applications of defensive techniques that are strictly defensive in nature. The instructor has used this model of self defense with community, school and senior citizen groups. You will find this fast paced course thought provoking, engaging and a lot of fun.

Lonnie Croal comes to the College of the North Atlantic - Qatar with a background in community policing and education. Before his retirement in 2007 he was a member of the leadership team with a Police Training Academy.

Laugh 'til it Hurts!

May 24 - June 16, 2009

Sundays & Tuesdays, 5:30 - 7:30 pm

Course Cost: 600 QR

Text Cost: All required materials provided

Instructor: Maureen O'Neill

A course designed to help participants bring out their funny side. Participants will also learn how to give and take effectively whilst working in teams. Perhaps the most important side effect of this course is that you will realize just how creative you are. This course is designed for beginners to pros. Laughter is good therapy for everyone.

Maureen O'Neill has a degree in theatre and a Masters of Science. These two disciplines have created a love for seeing the funny side of humans being human! Although it may look terribly difficult to perform, there are tricks and techniques to bring out the funny in you, and this is the work that Maureen loves to do.

Maureen has brought this funny stuff to Ontario, Canada, Oxford University in England, Perth, Australia and rainy Hong Kong. Now, in one of the driest places on earth, Maureen hopes to wet your palate for laughter.

Computer Savvy & You (Ladies only)

May 25 - June 17, 2009

Mondays & Wednesdays, 6:30 - 8:30 pm

Course Cost: 600 QR

Text Cost: All materials provided

Instructor: Sarah Arnott

This course is designed to teach computer basics such as word processing, managing files, the use of email, and the internet. It is aimed at those who wish to introduce personal computers to their day-to-day lifestyle, for example: social networking, online shopping, online banking, writing documents, organizing personal files, etc.

Sarah Arnott is a graduate of Memorial University's Bachelor of Computer Science program, and a graduate student at the University of Waterloo's Management Science Program. She is currently an Instructor at CNA-Q's School of Information Technology, where she has brought 7 years of industry experience.

Introduction to Adobe Flash Development

May 31 - June 23, 2009

Sundays & Tuesdays, 5:30 - 8:30 pm

Course Cost: 800 QR

Text Cost: All required materials provided

Instructor: Alan Valley

This course will introduce students to Adobe Flash and how it can be used for a variety of applications. Students will learn the fundamentals of using Flash, as well as how to create animations and a basic interactive flash website/program.

Alan Valley is a Communications Instructor at CNA-Q who has previously taught Flash Game Development and Video Production for the past five years in Hong Kong. He is currently pursuing his Masters of Education in Information Technology, with a focus on Video Games in Education.

More Courses →



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